



Promoting Mental Health Awareness

## Cumberland Perry Community Support Program

Promoting Mental Health Recovery

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*FOR IMMEDIATE RELEASE*

### MENTAL HEALTH AWARENESS CONCERT CONCLUDES MENTAL HEALTH AWARENESS MONTH ACTIVITIES

CARLISLE, PA – Cumberland/Perry Community Support Program’s celebration of Mental Health Awareness Month in Cumberland and Perry Counties, will end with the **First Annual Mental Health Awareness Concert** on **Saturday, May 31<sup>st</sup>, 2014**, which will begin at **11:00 am at Little Buffalo State Park in Newport, PA**. The theme is “Peace, Love & Hope”.

Schedule of events:

- 11:15 Artesian Legacy
- 12:30 Colby Dove & Chubediah
- 1:45 Nate Myers Band
- 3:00 Sabrina Duke
- 4:15 JR Wolf

The National Institute on Mental Health reports that approximately 26.2% of Americans over the age of 18 experience a diagnosable mental health challenge in any given year. Significant numbers are able to live, work and contribute to their communities with recovery-oriented services and support systems.

Stigma still greatly affects those who experience mental health challenges, and societal stigma leads to persons who are experiencing mental health challenges to not seek the help that can have them to successfully live, work and contribute to their communities.

The Mental Health Awareness Month Concert provides an opportunity to gather the members of our community together to have time together enjoying a number of talented bands who have graciously donated their talents to serve their community, to learn about health, wellness, human and social services organizations which serve our community.

Community organizations, including health, wellness, human and social service agencies who are interested in participating in the resource fair are invited to contact the Cumberland/Perry Community Support Program at (717)254-6060, for more information.

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The Cumberland/Perry Community Support Program (CSP) Advisory Committee is comprised of individuals living with mental illness, family members, providers, professionals, and community members who work together as committed equal partners and apply CSP principles to offer hope and assure that every person with a serious mental illness will enjoy the highest possible quality of life. The Committee advises the Cumberland/Perry Mental Health and Intellectual and Developmental Disabilities (MH/IDD) office on how to improve the quality of services and supports, and the Committee facilitates cooperation between providers, community organizations and stakeholders.