



Promoting Mental Health Awareness

## Cumberland Perry Community Support Program

Promoting Mental Health Recovery

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FOR IMMEDIATE RELEASE

### MENTAL HEALTH AWARENESS MONTH EVENTS ANNOUNCED IN CUMBERLAND AND PERRY COUNTIES

CARLISLE, PA – Cumberland/Perry Community Support Program today announced the four major events which they are planning for this year's celebration of Mental Health Awareness Month in Cumberland and Perry Counties.

Mental Health Awareness Month will begin with the **Ninth Annual Mental Health Awareness Walk** on **Thursday, May 1<sup>st</sup>, 2014**, which will begin at **10:00 am at Letort Park in Carlisle, PA**, with lunch to follow back at the park following a rally at the Old Cumberland County Courthouse at the square in Carlisle. The theme of the Mental Health Awareness Walk is "Peace, Love & Hope".

On **Monday, May 12<sup>th</sup>, 2014**, Cumberland/Perry Community Support Program & Dauphin County Community Support Program will be holding a **Recovery Conference** at the **Radisson Harrisburg (formerly Penn Harris), 1150 Camp Hill Bypass, Camp Hill, PA 17011**. The theme for this year's conference is 'Putting the "YOU" in CommUnity-Our Recovery Journey'.

On **Saturday, May 24<sup>th</sup>, 2014**, Cumberland/Perry Community Support Program will be collaborating with the National Alliance on Mental Illness PA, Cumberland & Perry Counties, Cumberland/Perry County Mental Health, Intellectual & Developmental Disabilities Program, the Mental Health Association of the Capital Region, Dauphin County Community Support Program, and Dauphin County Mental Health & Intellectual Disabilities to host a **Mental Health Awareness Night at the Harrisburg Senator's game at Metro Bank Park, 1 Championship Way, Harrisburg, PA 17101**.

Mental Health Awareness Month will conclude on Saturday, May 31<sup>st</sup>, 2014 with an all-day **Community Concert, Picnic and Resource Fair**, which will begin at 11:00 am at **Little Buffalo State Park in Newport, PA**.

Cumberland & Perry County residents interested in participating in any of these events may contact the Cumberland/Perry Community Support Program office at (717)254-6060, for more information.

Community organizations, including health, wellness, human and social service agencies who are interested in participating in the Community Picnic, Concert and Resource Fair are invited to contact the Cumberland/Perry Community Support Program office at (717)254-6060, for more information.

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The Cumberland/Perry Community Support Program (CSP) Advisory Committee is comprised of individuals living with mental illness, family members, providers, professionals, and community members who work together as committed equal partners and apply CSP principles to offer hope and assure that every person with a serious mental illness will enjoy the highest possible quality of life. The Committee advises the Cumberland/Perry Mental Health and Intellectual and Developmental Disabilities (MH/IDD) office on how to improve the quality of services and supports, and the Committee facilitates cooperation between providers, community organizations and stakeholders.