



Promoting Mental Health Awareness

Cumberland Perry Community Support Program

Promoting Mental Health Recovery

Cumberland/Perry Community Support Program

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FOR IMMEDIATE RELEASE

CUMBERLAND AND PERRY COUNTY EVENTS HELD TO CELEBRATE MENTAL ILLNESS AWARENESS WEEK

CARLISLE, PA August 30th, 2013. The Cumberland/Perry Community Support Program cordially invites you to join us in our celebration of Mental Illness Awareness Week. October 6th – 12th, is Mental Illness Awareness Week and Cumberland/Perry Community Support Program will hold the following events.

- **6:30 PM – October 3rd, 2013** Screening of Silver Linings Playbook and Panel Discussion at Dickinson College, Denny Hall room 317, 199 W. High St, Carlisle, PA 17013. We request that people please R.S.V.P. by phone at 717-254-6060, or e-mail to cspcp@cspcp.org by Wednesday, October 2nd to ensure adequate seating.

Panelists are available for interview by the media at 6:00 pm on Thursday, October 3rd, 2013.

- **6:30 PM – October 6th, 2013** Candlelight Vigil at the steps of the Old Cumberland County Courthouse.

The candlelight vigil will feature Dennis Marion, Deputy Secretary of the Pennsylvania Office of Mental Health and Substance Abuse Services, as well as entertainment and inspirational stories of mental health recovery.

- **6:00 PM – October 11th, 2013** Faces of Mental Health Recovery Public Art Project Opening at Landis House, Perry County Council of the Arts, 67 North 4th St, Newport, PA 17074.

To put a spotlight on mental health recovery, the **I'm the Evidence/Mental Health Campaign (ITE/MH)** and Perry County Council of the Arts (PCCA) has joined together to launch the **Faces of Mental Health Recovery Public Art Project**, a new photography project that celebrates people in recovery and those who offer them hope and encouragement. On view at PCCA's Landis House community art space from October 11-November 22, the project uses photography to engage individuals, organizations, and communities in the support of mental health recovery. Visit www.perrycountyarts.org/ to learn more.

"Mental disorders are common in the United States and internationally. An estimated 26.2 percent of Americans ages 18 and older — about one in four adults — suffer from a diagnosable mental disorder in a given year." (NIMH, 2005) The events which the Cumberland/Perry Community Support Program are holding to celebrate Mental Illness Awareness Week help to celebrate the accomplishments of those who have mental health challenges.

Cumberland/Perry Community Support Program would like to thank the following collaborators, sponsors and supporters for these events: Dickinson College; Dickinson College Wellness Center; Royer's Flowers & Gifts, Carlisle; Valerie Moyer's Dolls & Gifts, Carlisle; Commonwealth of Pennsylvania – Office of Mental Health and Substance Abuse Services; Support the Journey; I'm the Evidence/Mental Health Campaign; Mental Health Association in Pennsylvania; Perry County Council of the Arts

Contact Cumberland/Perry Community Support Program at (717) 254-6060 or (717) 386-6428 (cell)

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